



# Annual Report 2019-20



**Dear Friends,**

It is my great honour to share with you, Doctors For You Annual Report 2019-20. This report comes to you with pride, as it is a collection of our most significant accomplishments and our most special stories from the past year.

Last year was significant in DFY's development as a well-recognised Organisation. With the support of our donors, partners, volunteers and other stakeholders, we were able to achieve significant success in reaching out to many more in their hour of need responding to flood in Patna, Kerala, Sangli, Orissa and responding to AES Outbreak in Muzzafarpur, Bihar and by providing medical care to people excluded from contemporary health care system such as the PAP's of Govandi (Mumbai) and Thane and poorest of poor in Bihar, Rural Maharashtra and through various community empowerment initiatives across the country. In 2019, DFY added more programs to its list of interventions with the addition of Selco supported Model Anganwadi Project in Bihar and Kerala, HSBC Swades Supported Skills for Life program in Mumbai, WaSH Program in Schools in Faisabad (UP) to name a few and extension of our support programs in CSLTS & DRR Project in Uttarakhand and Biomass Project in Punjab, CMI Hedavali Project and Powerlinks Model Village Project in Saharsa, Bihar and most importantly started the operation of our own hospital in Masarhi in Rural Bihar with a grand inauguration of the facility on 21st November by Hon Minister of State for Health and Family Welfare.

Each of our supporters are invaluable to us, however towards the end of this year I can't help but mention my special gratitude to UNICEF, Diversey, Selco Foundation, Parle for immediate response in the aftermath of AES outbreak in Muzzafarpur and Vistex Foundation for their continued support to our dream project in Bihar.

As we move forward this year DFY intends to commence the functioning of DFY Hospital, the first of its kind in Bihar among other projects to effect larger change in the grassroots level. Further we plan to cement our place as one of the leading organisation from this part of the world providing medical relief to victims of disasters and people affected by exclusion from regular health care system all the while trying to make a lasting change in our society through our community development initiatives.

We renew our promise to base our interventions evidence based, to address gender inequality, strengthening governance for change, holistic development, and the community itself being the voice of social transformation.

Thank you all for your continued support on our journey.

Dr. Rajat Jain  
President, Doctors For You

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## About Doctors For You

Doctors for You (DFY) is an Indian humanitarian organisation with international presence, providing health, water hygiene and sanitation, nutrition and livelihood services to the vulnerable communities during crisis and non-crisis situations including emergency medical and wash aid to people affected by natural disasters, conflicts and epidemics. DFY's work is guided by humanitarian principles of humanity, impartiality, and neutrality. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender.

Doctors for You was founded in India in 2007, by doctors, medical students and like-minded people with a vision of "Health for all." Currently, DFY is working on various projects across fifteen states of India involving a strong team of health professionals, Disaster Management Practitioners, Social Workers and Administrative Staff committed to bridge the gap between people and basic services.

From the Bihar flood response in 2008 to recent AES relief operations in Muzaffarpur in 2019, DFY is committed to deliver quality health services and humanitarian aid to all people affected by crisis irrespective of any consideration. From a humanitarian health care provider in emergency situations, Doctors For You has evolved to be one of the most reliable and trusted organisations across the Indian States in disaster preparedness and capacity building programs and trainings.

Our organisation received several recognitions from various international communities for our contribution in the field of medical humanitarian response. We received the SAARC Award for 'Outstanding contribution to humanitarian works in the aftermath of the disasters' for our Bihar Flood Response work in 2008. Organisation also received the prestigious British Medical Journal Group Award for the 'Best Medical team in crisis zone' in 2011.





## **Vision & Mission**

The functioning of Doctors For You is guided by a set of ethical values and guidelines. DFY functions on humanitarian principles of humanity, impartiality, and neutrality. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender. The following are vision, mission and guiding principles of Doctors For You (DFY).

### **Vision**

Health For All

### **Mission**

Providing sustainable, equitable, effective and efficient health care services to the most vulnerable individuals and communities.

### **Guiding Principles**

Rapid response

Reaching the unreached

Accountable to our Partners, Donors & Communities  
Community Participation in decision making  
Neutrality & Non-Political

## 2019 in a Glance

### Vistex Hospital

In December, 2018, DFY started the construction of first of DFY's own hospital facility providing multiple speciality service situated in Rural Bihar. The first phase of the complex currently under construction is expected to be completed in September 2019. For more details page,



### Capacity Building of Medical Professionals on TB



Capacity Building of Public and Private Sector on Management of TB and DR-TB project was started in Madhya Pradesh and Bihar reaching out to health care professionals in Taluk level. Identifying the role played by knowledge gap in delivery of Programmatic Management of DR-TB (PMDT) services, enhancing clinical and programmatic acumen of TB care providers for quality TB and DR-TB care in the country training were organised at

State, District level including CME sessions. For more details page,

### Malnutrition Project

First 1000 Days from conception (upto 2 years of age) is the most crucial phase of child life where maximum development of the brain and all other vital organs occur. This year our team reached out to 3,000+ malnourished children from across Bihar, Maharashtra and Kerala and supported their journey to normalcy. For more details page,



### Model Anganwadi Project



The majority of Anganwadi Centres operate in remote village areas or in pockets of land occupied by the urban poor and cater to the children and women from these villages. Through the creation of model anganwadis, this project aims to provide sustainable solution that could enable anganwadi workers to provide better services and make the services accessible for the community.



# 1. Health Programs

## 1. Health and Nutrition Project, Hedavali

Doctors for You under its Tribal Area development program started this important project to improve Maternal Child Health, Nutrition, Informal Education and provision of specialised medical services to the Adivasi villages around Jambulpada Panchayat in Pali Block Raigarh district Maharashtra.

Objectives-

- 1.To improve the maternal & Child health care services in the community.
- 2.To provide primary health care & specialised medical services in the community.
3. To strengthen the functioning of Anganwadis by supporting them in nutrition services and informal education.

Major Activities-

- Organised >30 specialised Health Camps (Dental, Skin, Gynaecology, Physiotherapy, Orthopaedics, Ophthalmology etc)
- Malnutrition screening in Anganwadi centres in whole panchayat



- Anganwadi infrastructures development (Clean drinking water, Toilet repair, Utensils distribution, repair and painting of AWCs)

### Key Achievements

- The work done by DFY was much appreciated by the local govt. officials and requested us to take other villages also to expand malnutrition prevention and control program
- Significant improvement in Informal education component over the last 12 months.

Supporting Partners - CMI FPE , Vitamin Angels

### Major Activities-

- Organised >30 specialised Health Camps (Dental, Skin, Gynaecology, Physiotherapy, Orthopaedics, Ophthalmology etc)
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- Significant improvement in Informal education component over the last 12 months.





## 2. Vistex DFY Charitable Hospital, Masarhi

Masarhi health center (Doctors for You, Bihar) has served more than 100,000 patients from its inception in November'2015, in Masarhi village in Patna district of Bihar. The health Centre has provided accessible and affordable primary health care services prioritizing maternal and child health, malnutrition and outreach for these patients irrespective of caste, creed and gender considerations. The patient profile included patients from 70 villages of Fatuha Block of Patna District in the state of Bihar. In November 2019, Union Minister of Health Shri Ashwini Kumar Chaubey inaugurated the hospital where inaugurated and opened the hospital for service of wider public.



### Objectives-

- 1.To improve the overall health care idiocies in Masarhi Village specifically and Patna and nearby districts in General
2. To improve maternal & Child health care services in the community.
3. To be a model for quality low cost health care centre providing specialised service and primary health care medical services in the community.

### Services provided:

- Basic health services: 24\*7 outpatient and inpatient unit

- Nutritional rehabilitation to malnourished children, community based and hospital based
- Immunization services, supporting to government to find out dropouts and ensure 100% coverage
- Maternal health services: free ante natal, intra natal, postnatal services.
- Counseling services in the community, door step counseling regarding breastfeeding, complimentary feeding, immunization, family planning, antenatal care, menstrual hygiene etc.
- Skill development programme: training especially house wife's and school dropout women's and girls.
- Basic laboratory, pharmacy services, referral services and ambulance service

### **About DFY work in Masarhi in the past:**

Health center provided more than 10000 Vitamin A supplementation, more than 15000 deworming, & 1000 immunization service, 200 IPD services, 23 delivery services, 72 Family planning services and more than 550 antenatal services. 62 typhoid, 6 Malaria, 2 Cholera, 3 HIV and 10 HBsAg cases were successfully diagnosed under laboratory services. Total of more than 2500 under five children screened under malnutrition programme & 160 SAM, & 350 MAM children were identified, and Around 158 children are under treatment, more than 250 children are cured from malnutrition.



### 3. Swastha Nari Shasakht Parivar Project - Anemia Project

Anemia is defined as having a hemoglobin levels below the thresholds set for specific age groups by the World Health Organization (WHO). The figure below presents the total prevalence of anemia in the 16MM. India has the highest total prevalence of anemia at 39.86%. In India, the prevalence of anaemia is high because of low dietary intake, poor iron (less than 20 mg /day) and folic acid intake (less than 70 micrograms/day). This Project targeting 5000 women and adolescent girls in the age group of 18 – 35 years from the different slum pockets of Mumbai aims to alleviate the prevalence of anaemia among women and adolescent girls thus making them more productive and capable of contributing to the health and welfare of the family. This project covered an array of activities primarily focusing on diagnosis, awareness and sensitisation and on socio cultural aspects that affects women's health by means of community engagement activities.

Objective :

- To screen 4000 women from community for Anaemia
- To provide Iron Folic Acid supplementation to confirmed anaemic women





### Major Activities :

- Blood sample collection of community women
- Testing at accredited laboratories
- Health talks & IFA supplementation
- To provide free SKILL DEVELOPMENT course for 100 ladies

### Key achievements :

- Anaemia Screening of 4441 women and IRON FOLIC ACID supplementation of anaemic women over 3 months period
- Support to 100 women for Livelihood program as compliment ( Free Tailoring & Beautician Training program )
- Among 100, 60 were selected for tailoring course and 40 were selected for Parlor (Beautician)
- More than 30 students benefited in this program are now employed by doing self-business or working in parlour or tailoring shop.





#### **4. DFY-MRVC Project Vkas (Natwar Parikh Compound)**

Mumbai Railway Vikas Corporation (MRVC), MMRDA & Doctors for You (DFY) have been working in the M-east ward of Govandi, Mumbai for the past ten years for improvement in the socio economic and health indicators of the PAP's resettlement colonies. The interventions are being carried out through health facilities in the area. The MRVC Health Centre in Natwar Parikh compound is functional since October 2010. The services are provided on daily basis by the team of doctors, paramedical staffs and outreach workers. Apart from Health services awareness activities are also organized in the area through community meetings, rally, street plays etc.

##### Objective of the Project

- To provide Preventive, Promotive and Curative health care services to all.
- To Provide easily accessible and affordable Health services to the residents of these PAP's resettlement colonies and nearby slum areas
- Training and capacity building of Public health facility and staff.

##### Major Activities



The following services are provided at the health centres on daily basis like

- General OPD
- Dental OPD
- Obstetrics and Gynaecology OPD

- Dermatology OPD
- Immunization
- Growth monitoring OPD
- TB Chest OPD
- DOTS Centre
- Family planning and maternal & child health services.
- Vitamin A & De worming.

### Key Achievements

- Total number of GOPD beneficiary from April 2019 - 7763
- Total number of Dental OPD beneficiary from April 2019 -932
- Total Number of Obstetrics and Gynaecology OPD beneficiary from April 2019 - 348
- Total number of Dermatology OPD beneficiary from April 2019 - 309
- Total number of Immunization beneficiary from April 2019 to - 1119
- Total number of Growth monitoring OPD beneficiary from April 2019 to - 454
- Total number of TB Chest OPD and DOTS beneficiary from April 2019 to - 393
- Total number of beneficiary of Family Planning and maternal & child health from April 2019 - 1694
- Vitamin A & De worming - 3363 (vit. A-766 + Deworming-2597)





## 5. DFY-ZHT Mandala Project

Zahra Hasnaat (ZHT) & Doctors for You (DFY) have been working in the Mandala Mankhurd West, Mumbai for improvement in the socio economic and health indicators of the community. The interventions are being carried out through health facilities in the area. The ZHT Health centre in Mandala Mankhurd is functional since January 2017. The services are provided on daily basis by the team of doctors, paramedical staffs and outreach workers. With the opening of health centre, quality health services are easily accessible and affordable to residents of these slum areas.

Apart from services at the health centre, health services and awareness activities are also organized in the area through community meetings, rally, street plays etc.

### Objective of the Project

- To provide preventive, promotive and curative health services to the community.
- Training and capacity building of Public health facility and staff.



## Major Activities

Following are the services provided at the health centre on daily basis

- General OPD.
- Obstetrics and Gynaecology OPD
- Immunization.
- Family planning & child health services.
- Malnutrition treatment.
- Vitamin A & De worming.
- Outreach services.
- Wash program

## Key Achievements

- Total number of General OPD beneficiaries from April 2019 - 7669
- Total number of Obstetrics and Gynaecology OPD beneficiaries from April 2019 - 806
- Total number of Immunization beneficiaries from April 2019 - 3688.
- Total number of Family planning & child health services beneficiaries from April 2019 - 808.
- Total number of Malnutrition beneficiaries from April 2019 - 1051.
- Total number of Vitamin A & De worming beneficiaries from April 2019 - 1209.





## 6. DFY-BPCL 24/7 Ambulance Project

DFY-BPCL 24/7 Ambulance services is functioning since October 2019, Mahul has 72 buildings where hundreds of residents are residing. People in this area are suffering from wide range of health complications & Many a times needs medical emergency.

In Medical Emergency people are staying in Mahul need to travel to Ghatkopar , Sion or Crawford market to seek medical attention. To address these issues and reduce catastrophic cost toward the medical expenses. DFY is driven with passion of reaching the unreached population and provide quality service. This project was undertaken in association with **BPCL**, Which is one of the leading Public Sector Enterprise of Government of India under the Ministry of Petroleum & Natural Gas.

### Objective of the Project

- To provide 24/7 ambulance services during medical emergencies for the surrounding communities around Mumbai Refinery at Mahul.
- For the health care services of the surrounding communities.

### Major Activities

- Team of Driver and paramedical staffs transport all emergency patient to the higher Centre.
- provide care to patients with an acute illness or injury.

### Key Achievements

- Total number of beneficiaries from October 2019 to till date - 16



## 7. MSF- TB Chest OPD in Natwar Parekh

Started in April 2019 this project intended to provide qualitative and effective clinical care to DRTB patient nearby through opening TB chest OPD and to reduce mortality and morbidity linked to DRTB, HIV and Hepatitis C in MEW. MSF and DFY specifically interested in working together in order to implement activities in their respective current field area - TB in M/East ward - with the long term goal of advocating and implementing together activities related to this nodal TB treatment centre. DFY and MSF agreed to provide quality clinical follow up and monitoring of patients registered under the RNTCP PMDT programme of Lotus Colony Health Post, Govandi ( E),Mumbai at DFY's Natwar Parikh Compound clinic.

### Objective of the Project

- Community follow up of MDR TB patients in MEW
- Provide timely, qualitative and effective clinical care and follow up of patients for good outcome.
- Support to developing community awareness strategy plan along with District Tuberculosis officer (DTO)/DFY foacl point for areas attached to Lotus colony HP and DFY clinic.
- Improve early, accurate case detection and diagnosis of DRTB patients
- Training and capacity building of Public health facility and staff



## Major Activities

- Provide treatment education and psycho-social support to DR TB patients
- Sputum induction
- ECG
- Audiometric test
- Blood investigation
- Counselling of all TB patients
- ADRs management
- Conducted TB awareness meeting with RNTCP
- Implement infection control policies, measures and practices
- Conduct M&E for patients of Lotus colony HP being followed up at MSF DFY clinic
- Provide community awareness to increase uptake of DR-TB services at Shatabdi hospital DR-TB OPD and Lotus colony HP/DFY clinic of MEW

## Key Achievements

- Total number of beneficiaries of Sputum induction - 5
- Total number of ECG - 15
- Total Number of blood investigation - 45
- Total number of TB patient - 393





## 8. Support to District DR-TB Center through donation of ECG Machine

Through this project, a mechanism was established to ensure distribution and utilisation of ECG machines that is critical for cardiac monitoring of patients on treatment of MDR Tuberculosis. The various steps of the project include coordination between the ECG Machine supplier, State TB Cell & respective District Tuberculosis Officers regarding the supply and installation of ECG Machines. A training session was organised for the capacity building of the local RNTCP technicians on use of the machine and for small troubleshoots. A monthly record (only the number of test done) for each district and centre is being carefully collected and recorded.

### Objective of the Project

- To ensure proper cardiac monitoring of the patients for any unwanted AE's enrolled under Nodal DRTB centres
- To ensure quality assurance and functionality of ECG machines installed at each Nodal DRTB centre in the state.

### Major Activities

- Installation of ECG Machine
- Training of RNTCP Technician for ECG Machine
- Regular Monitoring of ECG Machine
- Utilization report of the ECG machines every month

### Key Achievements

- Total 60 ECG Machine were installed, 51 District DR-TB Center and 9 at Nodal Center
- Total 115 NTEP technician were trained in operation of ECG machine
- A total of 5468 ECG were done over the duration of 1 year





## 9. Capacity Building of Public Sector on Management of TB and DR-TB

The project aims to build capacity of public sector health care providers by advancing their knowledge for effective management of TB and DR-TB. Quarterly meeting were organized at nodal DR-TB center. The nodal center caters to 6-7 adjoining district DR-TB center. This project was undertaken in coordination with the State TB Office of Madhya Pradesh. Nodal meeting were held in every quarter in each nodal center, the DTO, PMDT coordinators/DPC, MO, STS/STLS/TBHV, NGO partners from adjoining catering districts participated in meeting.

### Objective of the Project

- To ensure To ensure regular capacity building of HCP working in the space of NTEP program on the DR-TB management.

### Major Activities

- Nodal meeting every quarter in each nodal Centre, the DTO, PMDT coordinators/DPC, MO, STS/STLS/TBHV, NGO partners from adjoining catering districts would be attending the meeting.
- Refresh and update on new updates on DR-TB management. Regular case based discussions, discussion of challenges and solutions in the execution of the guidelines.
- Discussion on the treatment initiation and provision of scientific knowledge to the treating physician

### Key Achievements

- A total of 6 Nodal meeting were organized in three quarter.
- A total of 200 participant were trained during these nodal meetings



## 10. BPCL Health Centre- Mahul

Bharat Petroleum Corporation Limited (BPCL) & Doctors For You (DFY) have been working together in the Mahul Gao Mumbai for improvement in the socio-economic and health indicators of the community. The interventions are being carried out through health facilities in the area. The BPCL health center in Mahul Gao is functional since October 2011. The services are provided on daily basis by team of doctors, paramedical staff. With the opening of health center, quality health services are easily accessible and affordable to residents of these slum areas.

### Objective of the Project

- To provide quality Primary (Preventive and Curative) Health services to the community at highly affordable cost compared to private set up and in highly efficient and patient friendly manner.
- Improved management of common illnesses including chronic diseases at the community level and appropriate treatment by quality healthcare providers.
- Improved health seeking behavior of the community and awareness regarding various diseases.
- Improved Preventive healthcare services in the form of Deworming and Vitamin A supplementation.
- Increased awareness and actions to prevent communicable diseases like water borne diseases, Vector Borne diseases, etc
- Better financial savings on account of preventive attitude towards illnesses and curative services at highly discounted and therefore affordable costs.



## Major Activities

Following are the services provided at the health center on daily basis.

General OPD

Vitamin A & DE-Worming

Special OPD Services

## Key Achievements

Total number of General OPD beneficiaries from October 2019 - **1085**

Total number of Vitamin A & De-Worming from October 2019 - 229

Total number of Special Gynaec OPD beneficiaries from October 2019 - 11

Total number of Special Skin OPD beneficiaries from October 2019 - 149

Total number of Special Chronic OPD beneficiaries from October 2019 - **221**





## **11. Awareness for Care an IEC Initiative, Jhargram, West Bengal**

The proposed project is aimed at synchronising the efforts of the RNTCP cell in the Jhargram district of West Bengal state. This implies that the proposed project would carry out additional activities to enhance awareness toward TB.

The awareness activities conducted would supplement for increased awareness, case detection and completion of TB treatment as per STCI guidelines.

During the project period, Street play programmes in a total of 8 blocks of the district, Mobile van tableaus displaying the awareness generated material, Administrative level sensitisation, pamphlet distributions and Radio shows would be conducted in the district of Jhargram. These would be conducted taking help from local key opinion leaders and well known people from the villages covered for the shows and the activity would be synchronised with the vulnerability assessment and Active case finding planned by the district RNTCP cell. These awareness activities would ensure an increase in the awareness towards TB amongst the people in Jhargram.

The peculiar nature of the district with a predominant tribal population depicts a poor awareness about the disease and requires such IEC programme.

### **OBJECTIVE OF THE PROJECT**

- To create awareness amidst the community members regarding TB.
- To generate awareness amidst the community members towards the treatment and facilities available for the treatment of the disease.

### **MAJOR ACTIVITIES**

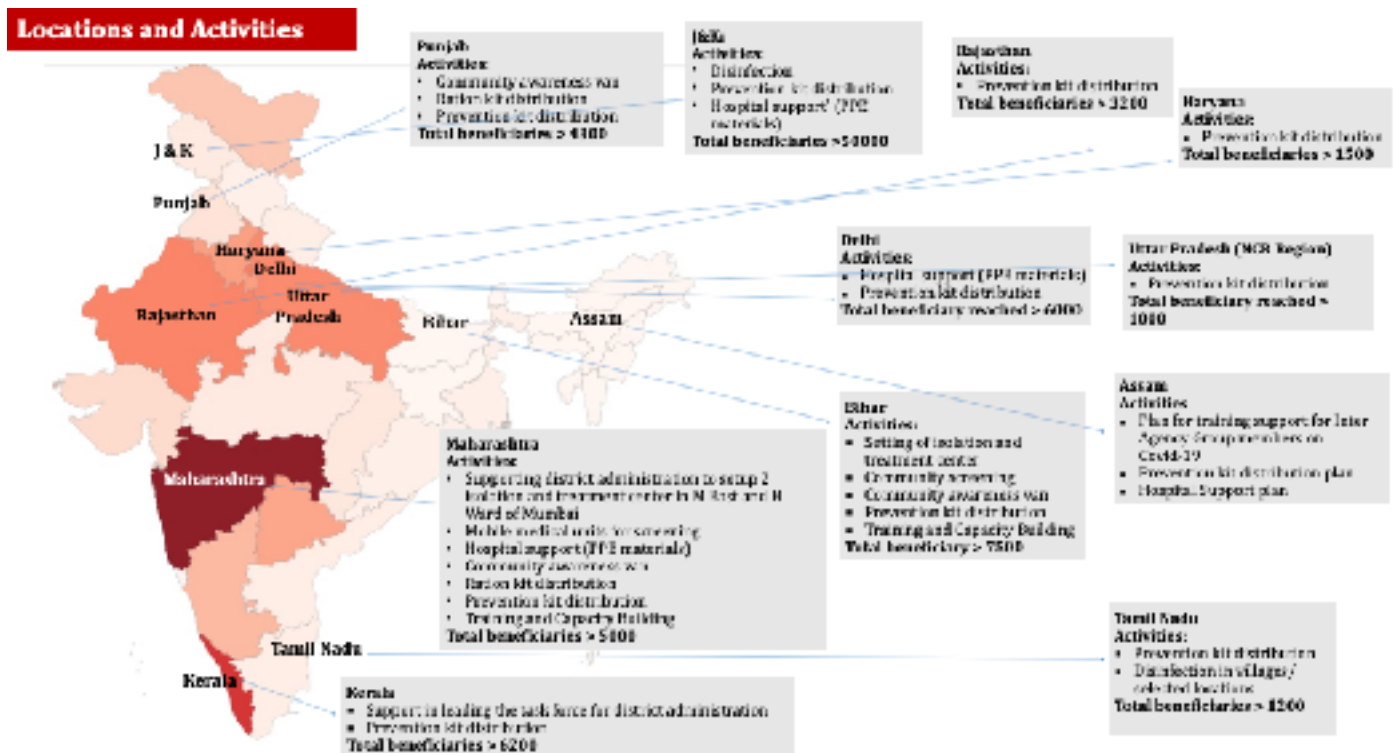
- Jhargram district has a total of 8 block namely– (GOPI 1, GOPI 2, SANKRAIL, BINPUR 1 , BINPUR 2,NAYAGRAM , JHARGRAM AND JAMBONI)
- 72 Street Activities ( 9 in each block)
- 72 DAYS OF TABLEAU ( 9 in each block)
- Total of 1 Lakh pamphlet Distribution ( 1400 per day)
- Administrative level sanitisation ( 5 in every block)
- TB Poster Display ( 30 nos)

### **KEY ACHIEVEMENTS**

- Total number of people reached through play -10,800
- Total pamphlets distributed -1,00,000
- Total TB posters displayed -30
- Total number of patients notified -554
- Total Number of administrative sensitizations -32
- Total number of plays conducted -72
- Total number of tableau activities conducted -72
- Total number of radio shows - 1440

## 2. Emergency Response and DRR

COVID-19 has emerged as a global pandemic affecting almost the entire globe. This has tested public health preparedness to the optimum level even in developed countries that are still struggling to deal with the situation. In India as of 11th April 2020, there were 4823 cases of COVID-19 reported. The COVID-19 has created fear and made us realize how bad this can turn out to be for the poorest, for those who will lose their livelihood, or those who wouldn't know what to do to save themselves when the virus has reached someone close to them. It has also put additional strain on the already challenged healthcare system.



### Key Strategic Interventions (Trace, Test and Treat)

TRACE	TEST	TREAT
<ul style="list-style-type: none"> <li>Symptomatic patients</li> <li>All suspected cases</li> <li>Migrant workers</li> <li>Diabetic &amp; Hypertensive</li> <li>Cancer &amp; Dialysis patients,</li> <li>Cardiac disease</li> <li>Pregnant women</li> <li>Health workers exposed &amp; Symptomatic</li> </ul>	<ul style="list-style-type: none"> <li>At Government approved Laboratories</li> <li>Support to Govt. in Purchasing Kits</li> <li>Referral for Testing</li> <li>Lab support we per requirement</li> <li>Waste Disposal</li> <li>Testing Kiosk's (South Korean Model )</li> <li>Community Level Awareness</li> </ul>	<ul style="list-style-type: none"> <li>Setting up Isolation centre</li> <li>PPE's for Health Workers</li> <li>Drugs required &amp; Consumables</li> <li>Food for COVID+ pts.</li> <li>Training &amp; Capacity Building</li> <li>Telemedicine equipments</li> <li>Tele-monitoring of Isolation centres &amp; ICU's by Experts</li> <li>Mobilising Health Work force</li> </ul>
Partners: State Health Society, National Health Mission, District Administration, IIT Powai, Mumbai, Anesthesia Department, AIIMS Patna, Mobile Telecom Companies		

As coronavirus cases in India continue to rise, Doctors, Nurses and other Healthcare staff are the frontline workers at hospital treating patients against the deadly virus are at more risk. Infection of health workers has been a problem during outbreak because of lack and shortage of PPE's. One contagious patient can infect the doctors and nurses, if one doctors get infected, they can infect other patients too. So, there is pressing need to protect the health care workers from this deadly virus. Frontline workers should be equipped with personal protective equipment's. As in India more than 50 doctors has been tested positive for COVID- 19 out of these 50 doctors more than three has succumbed to death. As the health workers are vulnerable at handful of reasons firstly the virus is highly contagious and medical staff members are exposed to more viral particles than general public, second they are facing shortage of supplies as the tide of patients rises and combination of stress and long hours could make their immune system more vulnerable than normal.

#### D. Objectives:

1. Providing immediate Support to Healthcare workers in the form of Personal Protective Equipment (PPE) like Body Cover, Mask, Eye Glass, Gloves, Shoe cover etc. (Health System Strengthening)



2. Distribution of hygiene kit to most vulnerable populations

Impact numbers : By early April, DFY donated 17100-unit surgical mask,530 N95 mask, 555 advanced PPE kit, 2940 Medium PPE kit,420 goggles ,19 infrared thermometer ,700 sanitizer and 500 unit gloves across Delhi, Chhattisgarh, Odisha, Jharkhand, MP and Delhi.



## 2. Assam Flood 2019

The 2019 Brahmaputra Floods, till 16 July, affected a total of 52,59,142 people, 1,63,962.02 hectares of crop area, in 30 districts in the state of Assam.<sup>[35]</sup> In the State, death toll rose to 59 on 20 July. At least 3,024 villages in the affected districts continued to be underwater and 44,08,142 people are hit in Dhemaji, Lakhimpur, Biswanath, Sonitpur district, Darrang, Barpeta, Nalbari, Chirang, Bongaigaon, Kokrajhar, Dhubri, South Salmara, Goalpara, Kamrup, Kamrup Metro, Morigaon, Nagaon, Karbi Anglong, Golaghat, Jorhat, Dibrugarh, Tinsukia, Cachar and Karimganj districts. Doctors For You team in Assam responded to the crisis situation due to floods in Sonitpur District of Assam in the month of July and August 2019 .

### Objective of the Project

Assess the impact of damage by flood water.

- Provide basic relief materials.
- Provide basic health care services through health camps.

### Major Activities:

- Conducted initial assessment of the flood affected areas.
- Distributed relief materials among the flood affected people.
- Organized 4 health camps in the selected areas.
- Provided basic health care services through health camps along with free medication.

### Key Achievements

- Total number of beneficiaries screened – 540
- Relief materials distributed to more



## 3. Livelihood and Skill Development

### 1. Skill for Life- Govandi Youth skilling Program

Doctors For You offers 6 months certificate training course in Health Care for 8-10th standard passed candidates. This course aims to build a trained Health Assistant (HA) and Dental Assistant (DA) who will help a certified medical practitioner in delivering health care services at clinics or hospitals or at home.

**Health Assistant:** Health Assistant course will introduce students to the basic level Health assistant's module. The training program consists of theory and practical sessions daily. First half of the day is being utilized for training and practical. Students have been divided into groups and they are posted in rotation in all the departments and the survey team as well. Afternoon is the theory classes and discussion of the practical skills and knowledge sessions and using the autoclave. Special Lectures are been conducted every month for the students from the expert medical faculty and guest specialist doctors especially in Public Health.

**Dental Assistant:** Dental Assistant course will introduce students to dentistry basic level assistants. Course contains set of lectures and practical in combination to explain tooth anatomy, nomenclature, tooth numbering etc. Course will make students familiar with variety of dental equipments, their uses techniques of handling instruments, manipulation of cements. Students will learn to shoot and develop iopa's and be trained regarding segregation of waste

Objectives:

- To train students to assist Medical and Dental Practitioners while treating the patients
- To make students able and confident in managing patients and assisting doctors
- To open wide scope for students to pursue further education to become either dental hygienist/ technician or Health assistant.

<b>Activity</b>	<b>Theory classes</b>	<b>Practical sessions</b>
Health Assistant- LB	13	45
Health Assistant- NP	16	45
Dental Assistant- LB	14	40

Major Activities:

- Daily Theory and Practical sessions
- Industrial Visits
- Practical based training for PHC operation and field health program implementation
- Practical based training in dental ward and post treatment management
- Skill Development classes once in a week i.e. Computer literacy (MS word, excel etc.)

## 2. Garima Skill Development Program

GARIMA skilling program is funded and supported by 'Diversey'. The program targets to train 20,000 candidates yearly from its centers spread across India. GARIMA as the word in Hindi means 'dignity', the program was built around it. The program is driven with a sense of creating respect towards housekeeping as a profession by training housekeepers on scientific methods in cleaning and placing them in organised sector jobs.

Over the years, the general trend in the sector is that housekeeping job is unskilled labour requiring no prior training often leading a new candidate not treated as equal. This is widely because the new members have low education and skills. Through GARIMA we targets to close this gap by making a person more appropriate for the employment in high-end service sector. The program offers free training and also provide placement support to the candidates.



**GARIMA**  
GROOMING AND RESPECT IN HOTEL AND INDIA

### Technical Course

#### Cleaning Science- Structure & Eligibility



#### Food Safety Program - Structure & Eligibility Criteria



Year	Trained	Placed	Percentage
2016-2018	14772	7388	50%
2019	9132	6816	75%



## 4. Water Sanitation and Hygiene

### 1. Powerlinks Model Village Project

This program has the following objectives:

- Construction of community toilet blocks (separate male and female units) for underprivileged families in the selected villages and their maintenance for 3 years.
- Setting up and maintaining water filtration units to provide iron-free clean drinking water to vulnerable families for 3 years.
- Implementing participatory and community leads behaviour change communication towards improving Water, Sanitation and Hygiene (WASH) practices in the community.

#### Areas of Impact

- Improvement in the overall quality of life of villagers.
- Prevention of water-borne disease due to open defecation.
- Adequate and equitable access to clean drinking water.
- Behavioural change through WASH practices.
- Increased Safety and dignity of women and children.

#### Achievements: On Project Completion

- Two community toilets have been constructed, comprising 18 single room toilets, one washroom for women, two washbasins, one urinal room having three urinals and one store room. Every toilet is equipped with wall and floor tiles, modern taps, flush point commodes and modern child and elder friendly equipment, etc. Each community toilet compound also has an attached septic tank for extra storage, digestion and discharge of excess water.
- Two water purification units have been set up with the capacity of providing 2,000 litres of clean drinking water. It has reduced transmission of diseases and exposure to disease-bearing vectors and also helps to establish conditions that allow people to live and to perform daily tasks with ease.
- Community participation and governance has improved; and has given a greater sense of ownership to the community.
- An enabling environment has been created that allows people to live a healthy, dignified, comfortable and secure life.

## 2. School Led Total Sanitation and Disaster Risk Reduction

**Project Area:** - Ukhimath and Augustmuni Block of Rudraprayag District of Uttarakhand

**Project :** To promote culture of disaster preparedness, cleanliness & healthy practices to promote overall health, with special focus on WASH among school and college students.

**Beneficiaries:** - 2105 Children of 50 selected schools.

### **Objectives:**

- To improve the compliance of the 50 selected schools of Augustmuni and Ukhimath blocks of Rudraprayag district on the parameters of the Swacch Bharat Abhiyan and promotion of WASH activities in schools (Primary & Upper Primary Schools).
- To train the teachers and students of the selected Inter colleges in basic disaster management, first aid etc.
- To conduct the eye checkup of all students & their parents from 50 schools of Augustmuni and Ukhimath blocks of Rudraprayag district and also align any initiatives with regard to health the district authorities are undertaking.



## Project Summary

Rudraprayag district of Uttarakhand is a potential flood & landslide zone. SLTS & DRR Project of CIIF implemented by DFY started in 2018-19 reached out to 5,400 plus students in 100 selected schools of Ukhimath and Augustmuni Block. Through Phase 2 of the project, 50 more schools are targeted to reach out to additional 2,105 students.

Major interventions planned in phase 2 include the conduct of eye health screening camps, menstruation awareness sessions, water sanitation and hygiene awareness campaign, health awareness sessions, tree planting campaigns, distribution of school cleaning kits, hygiene kits and first aid kits among others.

The aim of the project is to strengthen the students and school administrations through multi-sector intervention. This disaster risk reduction component of the project is expected to be a preventive approach to the disasters by capacity building of the community and is expected to keep the grassroots equipped with the knowledge of emergency response.





SI No	Milestone	Activity completed	Remark/deviation/challenges
1	Mobilization of Resources and Hiring HR for the Project	Done	
2	Establish contact with Concerned Stakeholders	Done	
3	Orient School Headmaster, Teachers etc and form Plan of action	Done	
4	Formation of School Based Child Clubs.	Done	
5	Training of staff to enhance their technical Skills, capacity and competence of technical staff	Done	
6	School safety Audit using Rapid visual inspection	Done	
7	Initial assessment of schools & school safety audit .	Done	
8	First Event in School: Orientation of Children and Distribution of Hygiene Kits among children in Primary Classes.	Done	
9	Developing of IEC Material.	Done	
10	Distribution of Cleaning Kits for 50 Primary, Upper Primary, High & Intercollege Schools.	Done	
11	IEC material will be distributed to support the training.	Done	
12	Making of Vegetative boundary in all schools without boundary wall	Done	
13	Eye check up of all enrolled students using Plusoptix equipment	Done	
14	Training of High School and Inter Col- lege students on Basic Disaster and First Aid.	Done	
15	Menstrual Hygiene Awareness Sessions for all Adolescent girls of selected schools.	Done	
16	School evacuation drills	Done	
17	Dispensation of Classroom Libraries	Done	
18	Distribution of First Aid Kits and Taking of Handover from Schools.	Done	

## 7. Our Partners



Assam Disaster Management



Naraindas Morbai Badhrani Trust (NMBT)



CARE India



Confederation of Indian Industry (CII)



Direct Relief



Goonj



Healthcare Information for All (HIFA)



Government of Bihar



Association Of Inner Wheel Clubs In India



MERCY Malaysia



Sphere India



Tata Institute of Social Sciences



Tata Memorial Centre



UNICEF India



Votive Tech



National Health Mission



Qatar Red Crescent



Sundara



Vitamin Angels



WIPRO



CIPLA



Gabriel



Government of Jammu & Kashmir



Islamic Relief



Meenakshi Mission Hospital & Research Center (MMHRC)



Mumbai Railway Vikas Corporation Limited (MRVC)



Sealed Air



Johnson & Johnson



Revised National Tuberculosis Control Programme



Assam State Disaster Management Authority



Children's Hospital Boston



Loncet Global Surgery



Nikhil Israni Foundation



Diversey



Vista Foundation



ZHT



Merck



Tata Trusts



CII Foundation



HCL Foundation



Selco Foundation